



## GENERAL CARE RITUAL

### AQUA TREAT POOL EXPERIENCE

One person 1 hour €30 /Extra person 1 hour €10

In our unique Hydrotherapy pool, you will relax from the everyday stress of life, and soothe your tired muscles. Series of carefully positioned underwater jets 6 different treatments. You will stimulate reflector points of your feet and massage rot the legs, work on your problem area the tighten muscles, massage calf back and neck provide drainage and refuse cellulite. Treatment will proceed in dry sauna or stream room. You can enjoy this treatment as a couple or a group of friends.

### RASUL

One person 1 hour €50 / Extra person 1 hour €25

Oriental cleansing ritual that uses a steam «trample». Special mud applied by yourself to special areas of the body, as you inhale the steam infused with pure herbs. Perfect as a couple treatment.

## BEAUTY FOR HANDS & FEET

- Classic Spa Manicure .....€25
- French Spa Manicure .....€35
- Nail Paint .....€9
- French Nail Paint .....€17
- Deluxe Spa Pedicure .....€40
- French Spa Pedicure .....€45
- Shellac .....€30
- Shellac with Spa Manicure .....€45
- Shellac Remove .....€10

## MAKE UP

- Bridal Make up .....€70
- Day or Evening Make up .....€40

## WAXING

- Full Legs .....€35
- Half Legs .....€25
- Full Arm .....€25
- Brazilian Bikini .....€30
- Bikini Line .....€15
- Under Arm .....€15
- Upper Lip .....€10
- Back Wax (for men) .....€30
- Chest Wax (for men) .....€35

## EYE BEAUTY

- Eyebrow Tinting .....€10
- Eyelash Tinting .....€10
- Eyebrow Shape .....€7



## Thali (sens) RITUALS

### Orient

#### THE DETOXIFYING ITINERARY 2 hours €120



The body is restored to a feeling of well-being as in the Oriental tradition of purification. Start with an exfoliating purifying cream continue with a detoxifying body wrap and finish with a body massage by using the precious body modeling oil.

### Polynesia

#### RELAXING JOURNEY 2 hours €120



Begin your journey with a delightful exfoliating gel continues with a body wrap followed by a full body massage by using modeling gel and finish with a nourishing pearly body cream.

### Amazon

#### ENERGIZING ESCAPE 2 hours €120



This ritual speaks of warmth and life Invigorating, it is perfect to give new energy of a new departure and to feel happy in itself. Start your treatment with a toning body scrub followed by a self-heating energizing body wrap and finish with a body massage by using the modeling oil.

## PACKAGES

#### SENSPA ESCAPE 2 hours 30 min €120

- Absolute Hydration
- Eye Lift Expert
- Relaxing Full Body Massage

#### THALION ORIENTAL 3 hours 40 min €180

- Orient Thalicens Ritual
- Oxygen & Radiance Facial
- Eye Lift Expert

#### ROMANTIC TREATMENT FOR TWO 3 hours €190

- Hydrotherapy Experience
- Rasul
- Relaxing Full Body Massage

#### MINERAL BOOSTER 3 hours €120

- Hydrotherapy Experience
- Calcium or Magnesium Wrap
- Therapeutic Massage

## HEALTH CENTER RULES & REGULATIONS

### RESERVATIONS

We recommend booking your treatments in advance at the SenSpa reception or from your room by calling ext. 561 or hotel reception (0).

### CANCELLATION POLICY

Was a courtesy to other guests and our therapists, please give a minimum of three hours if you must cancel an appointment. Please note there is a cancellation fee of 50% which be charged to your room account. Likewise, no shows will be charged 50% of the treatment.

### ARRIVAL TIME

Please arrive at least 10 minutes early to complete the consultation form. Every effort will be made to accommodate late arrivals, although extended time may not be possible.

# SENSPA



## À la carte treatments



# THALION

CRÉATEUR DE COSMÉTIQUE MARINE



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## THALION BODY TREATMENTS

### BATHS

#### THALASSO OLIGO

20MIN €25

Allow yourself to enjoy an energetic bath with sea water powder full of minerals and trace elements of the sea to mineralize and revitalize your skin.

#### SPECIAL ALGAE BATH

20MIN €25

This marine slimming bath includes creamy texture of seaweeds for slimming and detoxifying effect.

#### OCEAN BATH CRYSTALS

20MIN €25

A bath treatment for full relaxation with Marine Salts for an anti-stress Aroma experience.

### BODY POLISH

#### MARINE SALTS EXFOLIATING LOTION

30MIN €35

Rejuvenate your body with this Gentle Exfoliation which softens the skin with Sea salt crystals to remove impurities.

#### EXFOLIATING SCRUB WITH ESSENTIAL OILS

30MIN €35

A full body treatment with a creamy peeling to eliminate dead cells and refine the skin with peppermint, sage and clove.

#### POLYNESIA EXOTIC SCRUB

30MIN €35

Allow yourself to follow the senses in this journey of relaxation and renewal of your skin with this coconut crystalline scrub.

### BATHS & EXFOLIATIONS

#### OCEAN BATH CRYSTALS WITH ESSENTIAL OILS SCRUB

50MIN €50

After the full body exfoliation, a full bath will follow for an energy boost for the whole body.

#### SPECIAL ALGAE BATH WITH MARINE SALTS EXFOLIATING LOTION

50MIN €50

Beginning with the removal of dead cells and elimination of toxins in addition with the brown seaweeds our aim is the slimming effect.

#### THALASSO OLIGO WITH POLYNESIA SCRUB

50MIN €50

Traveling with your senses in relaxation, taking all the benefits from the seawater leaving the skin soft and rejuvenated.

### WRAPS

#### BENEFICIAL MARINE MUD

55MIN €55

A 100% natural mud with purifying and mineralizing benefits in addition to the detoxifying action. This treatment is suitable for everyone! It helps improve blood circulation, eliminate toxins leaving the skin cleansed and toned.

#### SPIRULINA FIRING WRAP

55MIN €55

A sculpting and antiaging treatment specially designed to re-densify the figure and firm the contour. A pasty texture wrap for the whole body or specific areas to treat, reinforce the radiance and regenerate the tissues of the skin. Perfect after conditions such as weight loss or pregnancy.

#### TONED LEGS

30MIN €35

Dedicated to decongest and refresh the heavy legs, offers immediate relief and leaves a sensation of lightness.

### MINERAL THERAPIES

Allow yourself to receive the analgesic and stress relieving effects of the mineral therapies, each on dedicated for a special cause.

#### CALCIUM

55MIN €60

Soothing for Nervous Tensions helps on pain of muscles and Joints.

#### MAGNESIUM

55MIN €60

Recharges the body, helps the well-being and rebalances the PH

### SLIMMING

#### TRIPLE ACTION

55MIN €55

This triple – action treatment offers a comprehensive slimming solution to sculpt, detox and firm the body. A full exfoliation followed by a complex of seaweeds body mask.

#### CELLU CONTOUR

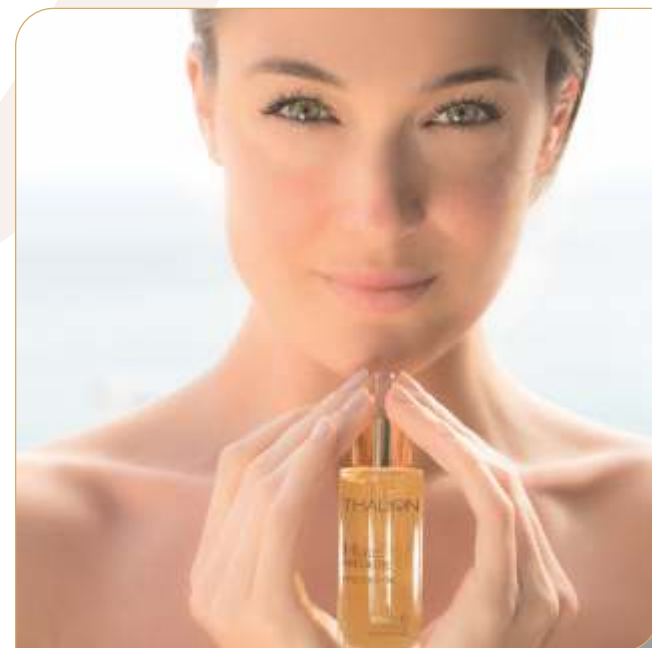
60MIN €65

This anticellulite intensive treatment focuses on the type of cellulite for each body in order to customize all the products during the treatment. Using unique sculpting technique to eliminate the problem and sculpt the body contour.

#### EXPRESS SLIMMING

40MIN €40

A Thalio innovation with Slimming Pearls which they roll and melt over the skin to deliver their precious content of Caffeine, Menthol and Algoslilm to detoxify and help fat loss! It's an express slimming from the first care!



## MASSAGES

#### RELAXING MASSAGE

55MIN €50

This full body soothing massage relieves tension and tiredness, brings to both body and soul.

#### THERAPEUTIC MASSAGE

50MIN €65

A medium pressure massage helps to ease tense muscles and calm aches and pains. Improving circulation and muscle tone.

#### SPORT MASSAGE

50MIN €75

Strong deep and intensive massage, works on the problem area in muscles, joints and tissues. Perfect for athletes, improves circulation and mobility.

#### AROMATHERAPY MASSAGE

70MIN €60

A relaxing massage using essential oils, which are chosen to suit individual needs, personalized for you, in the beginning of every treatment.

#### AROMATHERAPY BACK MASSAGE

30MIN €30

This massage is concentrated on the back, shoulder and neck. Perblended essential oils will soothe tension and bring relaxation to your muscles.

#### INDIAN HEAD MASSAGE

30MIN €35

Indian head massage is based on Ayurveda which means "science of life", this unique massage works in the back, neck, shoulders and face in order to restore energy and vitality. Final touch of the treatment is oiling the hair for moisturizing and healing result.

#### REFLEXOLOGY

40MIN €45

Reflexology works on the principle that our organs are represented in the feet. Therapist working on these points with acupressure, to release any blocked energy that is causing an imbalance in the body.

#### HOT STONE THERAPY

60MIN €60

An ancient therapy based on the wisdom of the Incas that combines warm Obsidian stones and cold Onyx stones in a massage that puts pressure on different parts with a studied rhythm. The exchange of energy between the body and the stones leads to a deep state of relaxation, well-being and serenity. Perfect balance between body and spirit.

#### FACIAL MASSAGE

30MIN €30

Rejuvenating, de-stress facial massage.

#### ANTI-STRESS BACK MASSAGE

30MIN €30

Medium pressure massage, concentrates on easing tension in your back, neck and shoulders.



## THALION FACE TREATMENTS

#### BEAUTY ENHANCER

30MIN €35

A mini Facial with scrub, mask and massage to sublimate your skin and bring an immediate radiant touch. It glows with freshness and beauty.

#### ABSOLUTE HYDRATION

55MIN €55

Perfectly refreshed, the skin regains softness and radiance. With the advanced hydrating serum and moisturizing plumping mask the skin regains its capital hydration. Suitable for all skin types

#### EXTREME PURITY

60MIN €55

The combination of a deep cleansing with all impurities eliminated after the scrub, a serum with purifying marine acids and the Clarifying Mask provide fresh and matte skin. Suitable for combination and oily skins in order to rebalance.

#### INFINITE GENTLENESS

55MIN €55

A facial of gentleness and serenity for all sensitive and reactive skin. This treatment is a delicate parenthesis to soothe the discomfort of the skin, reduce redness and protect.

#### OXYGEN & RADIANCE

60MIN €60

Highly concentrated in minerals, trace elements and vitamins, this care boosts the defense mechanisms of all stressed and suffocated skins and protects them against external aggressions. Ideal for the first signs of age.

#### ABSOLUTE LIFT

60MIN €60

An all-new and intensive anti-ageing solution to combat wrinkles and sagging skin. Its filling and smoothing action visibly reduces the signs of ageing. Using customized restructuring massage, the wrinkles are plumped and skin looks younger.

#### OCEAN SECRETS

90MIN €100

An Extra ordinary and Anti-Ageing Global Luxury Facial which comes from the depth of the sea with all the benefits of the trace elements which combines 3 patented active ingredients and 3 Hyaluronic Acids. This treatment includes cleaning and scrub, the Face Gym Lift Massage, Pearls application wrinkle by wrinkle and a peel off mask dedicated to deeply correct the signs of ageing and revive cellular regeneration.

### EYE BAR TREATMENT

#### EYE LIFT EXPERT

40MIN €45

This dedicated treatment instantly plumps the eye contour and protects from premature ageing. Real cell booster, it activates the micro-circulation to have an immediate decongestion. The specific manipulations lift the features and restore firmness to the eyelids.

### THALION FOR MEN

#### FACIAL OXYGEN BOOSTER

55MIN €60

High-tech treatment dedicated to men combines performance and relaxation for a result that is 100% effective. Includes a back exfoliation, face scrub, massage and a mask. Results to replenish, tone, energize and firm the skin.